



CHAPMAN UNIVERSITY

DEPARTMENT OF BIOLOGICAL SCIENCE

Dear Bone Study Participant;

The Departments of Biological Sciences and the Department of Food Sciences at and the Science Teaching and Research (STAR) Institute Chapman University are conducting a study on the bone health of Orange County residents. The goal of our study is to identify persons at risk for bone loss by evaluating at bone density, nutritional status and metabolic status.

We would first like for you to complete a brief questionnaire that will help us determine how you might fit in the study. Then, we will make an appointment for an X-ray. At that visit, we will ask you for a blood sample. Altogether, the medical office visit will take about 30 minutes – you get to select a time convenient for you.

Before the doctor's office visit, we ask that you complete a Diet Analysis, Medical Health and Informed Consent Form . **We need to have your diet analysis before we can schedule the x-ray and blood test.** The diet journal sheet can be found on the web at: www.chapman.edu/BoneStudy if you need more. If you agree to take part in the nutritional survey, X-ray, and blood collection, you can be sure that it will be completely confidential. No names will be attached to any notes or records from the interview. All information will remain in locked files available only to the researchers. No agency will have access to the information collected. You can stop the survey, X-ray, or collection at any time.

The Project Director, Frank Frisch, PhD or Project Manager, Nicole Michaelis are available in the Office of Science Teaching and Research at (714) 997-6573, to answer any questions you may have.

Your participation is greatly valued.
Thank you.

Nicole Michaelis
Bone Study, Project Manager
714-997-6573